Annotated Bibliography Assignment #1-200 points

Create an Annotated Bibliography. The Annotated Bibliography must be developed from a review and write up of 4 “scholarly” (also referred to as “peer reviewed”) journal articles and must be cited (written) in APA style. The topics for your research must be selected from the list below:

1. The psychological effects of stress on college students
2. The physical effects of stress on the body
3. The importance of rest and diet in the lives of college students
4. Healthy positive ways college student cope with stress
5. Negative behaviors as a way of dealing with stress in the lives of college students

Choose 2 topic areas from above and find 2 journal articles for each topic selected for a total of 4 articles. All articles used for this assignment must be from “peer reviewed” sources (“peer reviewed” sources will be explained in Activity Section). Identify in your write up which 2 topic areas you selected. The following information is intended to help you understand (a) what an annotated bibliography is and (b) how to write one.

What to cover in the Annotation:

For the purpose of this annotated bibliography assignment, we are asking you to provide specific information about the research discussed in the “peer reviewed” journal articles that you read. When writing your annotation, you must answer the following questions:

1. **What was the purpose of the study?** What were the researchers studying? What were they trying to discover, or understand?
2. **Who were the subjects studied?** Were the subjects male, female, or both? Were they college students? Was ethnic background mentioned, etc.?
3. **What was the number of subjects in the study?** How many people participated in the study?
4. **What transpired in the study?** What happened to the subjects in the study? Did the subjects participate in an experiment? Were the subjects interviewed?
5. **What were the results (findings) and conclusions of the study?** What did researchers learn or discover and what did they conclude from their findings?
6. **How is this study relevant to your transition to SJSU?** Please state how this study does or does not relate to your experience as a college student at SJSU.